

BP809ET	Cosmetic Science – Theory	75	3 Hrs
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BP809ET. COSMETIC SCIENCE(Theory)

45Hours

UNIT I

10Hours

Classification of cosmetic and cosmeceutical products
 Definition of cosmetics as per Indian and EU regulations, Evolution of cosmeceuticals from cosmetics, cosmetics as quasi and OTC drugs
Cosmetic excipients: Surfactants, rheology modifiers, humectants, emollients, preservatives. Classification and application
Skin: Basic structure and function of skin.
Hair: Basic structure of hair. Hair growth cycle.
Oral Cavity: Common problem associated with teeth and gums.

UNIT II

10 Hours

Principles of formulation and building blocks of skin care products:
 Face wash,
 Moisturizing cream, Cold Cream, Vanishing cream and their advantages and disadvantages. Application of these products in formulation of cosmeceuticals.
Antiperspirants & deodorants- Actives & mechanism of action.
Principles of formulation and building blocks of Hair care products:
 Conditioning shampoo, Hair conditioner, anti-dandruff shampoo.
 Hair oils.
 Chemistry and formulation of Para-phenylene diamine based hair dye.
 Principles of formulation and building blocks of oral care products:
 Toothpaste for bleeding gums, sensitive teeth. Teeth whitening, Mouthwash.

UNIT III

10 Hours

Sun protection, Classification of Sunscreens and SPF.
Role of herbs in cosmetics:
 Skin Care: Aloe and turmeric
 Hair care: Henna and amla.
 Oral care: Neem and clove
Analytical cosmetics: BIS specification and analytical methods for shampoo, skin-cream and toothpaste.

UNIT IV

08 Hours.

Principles of Cosmetic Evaluation: Principles of sebumeter, corneometer. Measurement of TEWL, Skin Color, Hair tensile strength, Hair combing properties
 Soaps, and syndet bars. Evolution and skin benefits.

UNIT V

07 Hours

Oily and dry skin, causes leading to dry skin, skin moisturisation. Basic understanding of the terms Comedogenic, dermatitis.

Cosmetic problems associated with Hair and scalp: Dandruff, Hair fall causes

Cosmetic problems associated with skin: blemishes, wrinkles, acne, prickly heat and body odor.

Antiperspirants and Deodorants- Actives and mechanism of action

References

- 1) Harry's Cosmeticology, Wilkinson, Moore, Seventh Edition, George Godwin.
- 2) Cosmetics – Formulations, Manufacturing and Quality Control, P.P. Sharma, 4th Edition, Vandana Publications Pvt. Ltd., Delhi.
- 3) Text book of cosmeticology by Sanju Nanda & Roop K. Khar, Tata Publishers.