

## SEMESTER III

Max. Marks =100

Theory = 70 Marks + Internal Assessment = 30 Marks

**BES-C302**

Time allowed: 3Hrs

### **VOLLEYBALL & BASKETBALL**

#### **UNIT-I**

##### **Introduction of Volleyball**

Origin, historical perspectives and modern trends in Volleyball

Orientation of the fundamental skills

Construction and maintenance of Volleyball court- rules of the game.

Introduction of Volleyball Association of India (VFI)

Introduction of International Volleyball Federation (FIVB)

#### **UNIT-II**

##### **Coaching and Officiating in Volleyball**

Duties/responsibilities of a coach

Qualifications and qualities of a coach

Qualifications of an official

Responsibilities of technical officials

#### **UNIT-III**

##### **Introduction of Basketball**

Origin, historical perspectives and modern trends in Basketball

Orientation of the fundamental skills

Construction and maintenance of Basketball court- rules of the game.

Introduction of Basketball Association of India (BFI)

Introduction of International Basketball Federation (FIBA)

#### **UNIT-IV**

##### **Coaching and Officiating in Basketball**

Duties/responsibilities of a coach

Qualifications and qualities of a coach

Qualifications of an official

Responsibilities of technical officials