

## SEMESTER IV

**BES-C402**

Time allowed: 3Hrs

Max. Marks =100

Theory = 70 Marks + Internal Assessment = 30 Marks

### **FOOTBALL & HOCKEY**

#### **UNIT-I**

##### **Introduction of Football**

Origin, historical perspectives and modern trends of Football

Orientation of the fundamental skills

Construction and maintenance of Football Ground- rules of the game.

Introduction of Football Association of India

Introduction of International Football Federation (FIFA)

#### **UNIT-II**

##### **Coaching and Officiating in Football**

Duties/responsibilities of a coach

Qualifications and qualities of a coach

Qualifications and, responsibilities of officials

#### **UNIT-III**

##### **Introduction of Hockey**

Origin, historical perspectives and modern trends of Hockey

Orientation of the fundamental skills

Construction and maintenance of Hockey Ground- rules of the game.

Introduction of Hockey Association of India (IHF)

Introduction of International Hockey Federation (FIH)

#### **UNIT-IV**

##### **Coaching and Officiating in Hockey**

Duties/responsibilities of a coach

Qualifications and qualities of a coach

Qualifications and duties of an official