

DISCIPLINE SPECIFIC ELECTIVE (DSE-1A)

SEMESTER V

BES-E501

Time allowed: 3Hrs

Max. Marks =100

Theory = 70 Marks + Internal Assessment = 30 Marks

CRICKET

UNIT-I

Origin & developmental aspects of Cricket at global level

Development of Cricket in India Pre & post-independence

Facilities & Equipment's

UNIT-II

Marking of playground

Measurements/ dimensions of Cricket apparatus

Governing bodies at National & International level

UNIT-III

Rules and Regulations

Duties of Officials in respect of rules and regulations

Recognized Tournaments at National & International level

UNIT-IV

Defensive skills

Offensive skills

Sports skill tests

Officiating in Cricket

SUGGESTED BOOKS

Amarnath M. (1996). Learn to Play Good Cricket. UBS Publishers. New Delhi.

Bhalla Ajay (2001)cricket Kitab Ghar New Delhi

Cricket (2008). Sports Skills: Cricket Fielding (Know the Game). A & C Black Publishers.

Thani V. (1998). Coaching Cricket. Khel Sahitya Kendra. New Delhi.

YMCA rule book of games and sports

Pant N.C. (1996) Wills world cup cricket 1996 kitab ghar New Delhi