

SEMESTER VI

BES-E604

Time allowed: 3Hrs

Max. Marks =100

Theory = 70 Marks + Internal Assessment = 30 Marks

TABLE- TENNIS

Unit-1

Historical background of Table-Tennis.

Historical background of Table-Tennis

Origin and development

Equipment's

Unit-2

Measurements/ dimensions

Governing bodies at National and International level

Rules and Regulations

Unit-3

Rules and Regulations

Cards and punishments

Duties of Officials in respect of rules and regulations

Recognized Competitions at National & International level

Unit-4

Defensive skills

Offensive skills

Sports skill tests

Officiating in Table- Tennis

SUGGESTED BOOKS