

**DISCIPLINE SPECIFIC ELECTIVE
(THEORY)
SEMESTER VIII
METHODS IN PHYSICAL EDUCATION-II**

Max. Marks =100

Theory = 70 Marks + Internal Assessment = 30 Marks

BES-E802

Time allowed: 3Hrs

CO-1. State the Meaning and Definition of tournaments.

CO-2. Estimating the knowledge to draw fixtures by various methods.

CO-3. Acquiring the knowledge of teaching aids & gadgets.

CO-4. Acquiring the knowledge of Measures of Dispersions and Scales.

CO-5. Diagraming and Sketching the various play fields.

CO-6. Composing the Corporative evaluation by pupil and teacher.

Unit I

Tournaments - organization, meaning and their types

- (a) Knock -out types of elimination double elimination tournaments.
- (b) League-(single-double)or round robin type.
- (c) Combination type of tournament.
- (d) Challenge of perennial type (ladder-pyramid type).
- (e) Miscellaneous type of small area games.

Unit II

Audio-visual aids and teaching gadgets

- (a) Values and uses of audio visual aids.
- (b) Criteria for selecting the aids.
- (c) Steps to be followed in using teaching aids.

Publicity - meaning and method of preparation:

- (a) Demonstration, (b) Play days, (c) Exhibitions, (d) Sports for all days.

Unit III

Marking of track and play fields:

- (a) Track and field - track 400 m standard and 200m.
- (b) Play field - football, volleyball, basketball, hockey, badminton, kabaddi, kho- kho, softball as per international regulation.

Unit IV

Improvisation - ways and means of improvisation:

- (a) Area, (b) Apparatus, (c) Equipment, (d) Leadership
- (e) Evolution
 - (a) Need
 - (b) Importance
 - (c) Basic methods of evaluation:
 - Observation - Interview
 - Tests and measurements
 - Corporative evaluation by pupil and teacher

References:

- Tirunaryanan, c. and hariharan, s. methods in physical education, karai kudi south india press, 1962.
- Kozman, b. cassidy, rosalind and jakson, c.d., methods in physical education, london: w.b. saunders company, 1960.
- Knapp, clyde and hagman, e.p. teaching methods foe physical education, new yoek: mc graw hill book co., 1948