

B.A. (ELECTIVE) IN PHYSICAL EDUCATION

S.N	Subject Code	Subject Title	Credits	Evaluation Scheme			Subject Total		
				Sessional		ESE			
				CT	TA			Total	
B.A. I Year									
Semester – I (core)									
1	BPE-C101	Psycho-Developmental Aspects of Physical Education	4	20	10	30	70	100	
2	BPE-C151	Lab/Practical Course - I	2	-	-	30	70	100	
Semester – II (core)									
1	BPE-C201	Psycho-Philosophical Foundation of Physical Education	4	20	10	30	70	100	
2	BPE-C251	Lab /Practical Course – II	2	-	-	30	70	100	
							Total	400	
B.A. II Year									
Semester – III (core)									
1	BPE-C301	Scientific Basis of Physical Education	4	20	10	30	70	100	
2		Skill Enhancement Course (elect Any One)	4	20	10	30	70	100	
	BPE-S301	BHMDR (Badminton, Hockey & Middle Distance Races)							
	BPE-S302	FSJ(Football, Squash & Jumps)							
3	BPE-C351	Lab / Practical Course – III	2	-	-	30	70	100	
Semester – IV (core)									
1	BPE-C401	General Coaching and Fitness in Physical Education	4	20	10	30	70	100	
2		Skill Enhancement Course (elect Any One)	4	20	10	30	70	100	
	BPE-S401	CTTS DR (Cricket, Table Tennis & Short Distance Races)							
	BPE-S402	VWLT (Volleyball, Weight Lifting & Throws)							
3	BPE-C451	Lab / Practical Course – IV	2	-	-	30	70	100	
							Total	600	
B.A. III Year									
Semester – V									
1		Discipline Specific Elective (elect Any One)	4	20	10	30	70	100	
	BPE-E501	Health education and personal hygiene							
	BPE-E502	Managerial aspect of Officiating in physical education							
2		Skill Enhancement Course (elect Any One)	4	20	10	30	70	100	
	BPE-S501	BPLDR (Basketball, Power Lifting & Long Distance Races)							
	BPE-S502	HKS (Handball, Kho-Kho & Shooting)							
3	BPE-E551	Lab/Practical Course – V	2	-	-	30	70	100	
4		GENERIC ELECTIVE COURSE	4			30	70	100	
	BPE-G501	INTRODUCTION OF PHYSICAL EDUCATION							
	BPE-G502	OLYMPIC MOVEMENT							
Semester – VI									
1		Discipline Specific Elective (elect Any One)	4	20	10	30	70	100	
	BPE-E601	General Coaching and Training in Physical Education							
	BPE-E602	Conditioning Methods of Physical Education							
2		Skill Enhancement Course (elect Any One)	4	20	10	30	70	100	
	BPE-S601	LTWG (Lawn Tennis, Wrestling & Gymnastic)							
	BPE-S602	SKMR (Softball, Kabaddi & Miscellaneous Races (Relay, Hurdles & Stipple Chase))							
3	BPE-E651	Lab/ Practical Course – VI	2	-	-	30	70	100	
4		GENERIC ELECTIVE COURSE	4						
	BPE-G601	HEALTH EDUCATION AND ATHLETIC CARE		-	-	30	70	100	
	BPE-G602	OFFICIATING AND COACHING							
Total Credits			60						
							Total	800	
							G Total	1800	