## **B.A.** (ELECTIVE) IN PHYSICAL EDUCATION

.N	Subject	Subject Title	Credits	Evaluation Scheme				Subject
	Code				Session	al	ESE	Total
				CT	TA	Total		
	I	B.A. I Year		I				
emes	ster – I (core)							
1	BPE-C101	Psycho-Developmental Aspects of Physical	4	20	10	30	70	100
		Education						
2	BPE-C151	Lab/Practical Course - I	2	_	_	30	70	100
	ster – II (core)	Lab/Hactical Course - 1		_	_	30	70	100
1	BPE-C201	Psycho-Philosophical Foundation of Physical	4	20	10	30	70	100
•	BIE CZGI	Education Foundation of Thysical		20	10	50	'	100
_	DDE C251	1 1 /D - 1 1 C - II				20	70	100
2	BPE-C251	Lab /Practical Course – II	2	-	-	30	70 T	100
		D.A. II W					Total	400
	oton III (oono)	B.A. II Year						
emes 1	ster – III (core) BPE-C301	Scientific Basis of Physical Education	4	20	10	30	70	100
2	BI E-C301	Skill Enhancement Course	4	20	10	30	70	100
2		(elect Any One)	7	20	10	30	'0	100
	BPE-S301	BHMDR (Badminton, Hockey & Middle Distance						
		Races)						
	BPE-S302	FSJ(Football, Squash & Jumps)						
3	BPE-C351	Lab / Practical Course – III	2	-,	-	30	70	100
emes	ster – IV (core)							
1	BPE-C401	General Coaching and Fitness in Physical Education	4	20	10	30	70	100
2		Skill Enhancement Course (elect Any One)	4	20	10	30	70	100
	BPE-S401	CTTSDR (Cricket, Table Tennis & Short						
		Distance Deeps						
		Distance Races)						
	BPE-S402	VWLT (Volleyball, Weight Lifting & Throws)						
3	BPE-S402 BPE-C451		2	-	-,	30	70	100
3		VWLT (Volleyball, Weight Lifting & Throws) Lab / Practical Course – IV	2	-	-	30	70 <b>Total</b>	100
	BPE-C451	VWLT (Volleyball, Weight Lifting & Throws)	2	-	-	30		
emes		VWLT (Volleyball, Weight Lifting & Throws) Lab / Practical Course – IV  B.A. III Year		-	-		Total	600
	BPE-C451	VWLT (Volleyball, Weight Lifting & Throws)  Lab / Practical Course – IV  B.A. III Year  Discipline Specific Elective (elect Any One)	2	20	- 10	30		600
emes	BPE-C451  ster – V  BPE-E501	VWLT (Volleyball, Weight Lifting & Throws)  Lab / Practical Course – IV  B.A. III Year  Discipline Specific Elective (elect Any One)  Health education and personal hygiene		20	10		Total	600
emes	BPE-C451	VWLT (Volleyball, Weight Lifting & Throws)  Lab / Practical Course – IV  B.A. III Year  Discipline Specific Elective (elect Any One)  Health education and personal hygiene  Managerial aspect of Officiating in physical		20	10		Total	600
emes	BPE-C451  ster – V  BPE-E501	VWLT (Volleyball, Weight Lifting & Throws)  Lab / Practical Course – IV  B.A. III Year  Discipline Specific Elective (elect Any One)  Health education and personal hygiene  Managerial aspect of Officiating in physical education	4			30	Total 70	100
emes	BPE-C451  ster – V  BPE-E501  BPE-E502	VWLT (Volleyball, Weight Lifting & Throws)  Lab / Practical Course – IV  B.A. III Year  Discipline Specific Elective (elect Any One)  Health education and personal hygiene  Managerial aspect of Officiating in physical education  Skill Enhancement Course (elect Any One)		20	10		Total	600
emes	BPE-C451  ster – V  BPE-E501	VWLT (Volleyball, Weight Lifting & Throws)  Lab / Practical Course – IV  B.A. III Year  Discipline Specific Elective (elect Any One)  Health education and personal hygiene  Managerial aspect of Officiating in physical education  Skill Enhancement Course (elect Any One)  BPLLDR (Basketball, Power Lifting & Long	4			30	Total 70	100
emes	BPE-C451  ster – V  BPE-E501  BPE-E502  BPE-S501	VWLT (Volleyball, Weight Lifting & Throws)  Lab / Practical Course – IV  B.A. III Year  Discipline Specific Elective (elect Any One)  Health education and personal hygiene  Managerial aspect of Officiating in physical education  Skill Enhancement Course (elect Any One)  BPLLDR (Basketball, Power Lifting & Long Distance Races)	4			30	Total 70	100
emes	BPE-C451  ster – V  BPE-E501  BPE-E502	VWLT (Volleyball, Weight Lifting & Throws)  Lab / Practical Course – IV  B.A. III Year  Discipline Specific Elective (elect Any One)  Health education and personal hygiene  Managerial aspect of Officiating in physical education  Skill Enhancement Course (elect Any One)  BPLLDR (Basketball, Power Lifting & Long	4			30	Total 70	100
<b>emes</b> 1	BPE-C451  Ster – V  BPE-E501  BPE-S501  BPE-S501	VWLT (Volleyball, Weight Lifting & Throws)  Lab / Practical Course – IV  B.A. III Year  Discipline Specific Elective (elect Any One)  Health education and personal hygiene  Managerial aspect of Officiating in physical education  Skill Enhancement Course (elect Any One)  BPLLDR (Basketball, Power Lifting & Long Distance Races)  HKS (Handball, Kho-Kho & Shooting)	4			30	70 70 70	100
2 3	BPE-C451  Ster – V  BPE-E501  BPE-S501  BPE-S501	VWLT (Volleyball, Weight Lifting & Throws)  Lab / Practical Course – IV  B.A. III Year  Discipline Specific Elective (elect Any One)  Health education and personal hygiene  Managerial aspect of Officiating in physical education  Skill Enhancement Course (elect Any One)  BPLLDR (Basketball, Power Lifting & Long Distance Races)  HKS (Handball, Kho-Kho & Shooting)  Lab/Practical Course – V	4 2			30 30 30	70 70 70 70	100
2 3 4	BPE-C451  BPE-E501  BPE-S501  BPE-S502  BPE-S502  BPE-G501  BPE-G501  BPE-G502	VWLT (Volleyball, Weight Lifting & Throws)  Lab / Practical Course – IV  B.A. III Year  Discipline Specific Elective (elect Any One)  Health education and personal hygiene  Managerial aspect of Officiating in physical education  Skill Enhancement Course (elect Any One)  BPLLDR (Basketball, Power Lifting & Long Distance Races)  HKS (Handball, Kho-Kho & Shooting)  Lab/Practical Course – V  GENERIC ELECTIVE COURSE	4 2			30 30 30	70 70 70 70	100
2 3 4	BPE-C451  Ster – V  BPE-E501  BPE-E502  BPE-S501  BPE-S502  BPE-S501  BPE-G501	VWLT (Volleyball, Weight Lifting & Throws)  Lab / Practical Course – IV  B.A. III Year  Discipline Specific Elective (elect Any One)  Health education and personal hygiene  Managerial aspect of Officiating in physical education  Skill Enhancement Course (elect Any One)  BPLLDR (Basketball, Power Lifting & Long Distance Races)  HKS (Handball, Kho-Kho & Shooting)  Lab/Practical Course – V  GENERIC ELECTIVE COURSE  INTRODUCTION OF PHYSICAL EDUCATION	4 2			30 30 30	70 70 70 70	100
2 3 4	BPE-C451  BPE-E501  BPE-S501  BPE-S502  BPE-S502  BPE-G501  BPE-G501  BPE-G502	VWLT (Volleyball, Weight Lifting & Throws)  Lab / Practical Course – IV  B.A. III Year  Discipline Specific Elective (elect Any One)  Health education and personal hygiene  Managerial aspect of Officiating in physical education  Skill Enhancement Course (elect Any One)  BPLLDR (Basketball, Power Lifting & Long Distance Races)  HKS (Handball, Kho-Kho & Shooting)  Lab/Practical Course – V  GENERIC ELECTIVE COURSE  INTRODUCTION OF PHYSICAL EDUCATION  OLYMPIC MOVEMENT  Discipline Specific Elective (elect Any One)	4 2			30 30 30	70 70 70 70	100 100 100 100
2 2 3 4 4	BPE-C451  BPE-E501  BPE-S501  BPE-S502  BPE-S502  BPE-G501  BPE-G501  BPE-G502	VWLT (Volleyball, Weight Lifting & Throws)  Lab / Practical Course – IV  B.A. III Year  Discipline Specific Elective (elect Any One)  Health education and personal hygiene  Managerial aspect of Officiating in physical education  Skill Enhancement Course (elect Any One)  BPLLDR (Basketball, Power Lifting & Long Distance Races)  HKS (Handball, Kho-Kho & Shooting)  Lab/Practical Course – V  GENERIC ELECTIVE COURSE  INTRODUCTION OF PHYSICAL EDUCATION  OLYMPIC MOVEMENT  Discipline Specific Elective (elect Any One)  General Coaching and Training in Physical	4 2 4	20	-	30 30 30 30	70 70 70 70 70 70	100 100 100 100
2 2 3 4 4	BPE-C451  Ster – V  BPE-E501  BPE-S501  BPE-S502  BPE-S501  BPE-G501  BPE-G502  Ster – VI  BPE-E601	VWLT (Volleyball, Weight Lifting & Throws)  Lab / Practical Course – IV  B.A. III Year  Discipline Specific Elective (elect Any One)  Health education and personal hygiene  Managerial aspect of Officiating in physical education  Skill Enhancement Course (elect Any One)  BPLLDR (Basketball, Power Lifting & Long Distance Races)  HKS (Handball, Kho-Kho & Shooting)  Lab/Practical Course – V  GENERIC ELECTIVE COURSE  INTRODUCTION OF PHYSICAL EDUCATION  OLYMPIC MOVEMENT  Discipline Specific Elective (elect Any One)  General Coaching and Training in Physical Education	4 2 4	20	-	30 30 30 30	70 70 70 70 70 70	100
2 3 4 emes	BPE-C451  BPE-E501  BPE-S501  BPE-S502  BPE-S501  BPE-G501  BPE-G502  Ster – VI	VWLT (Volleyball, Weight Lifting & Throws)  Lab / Practical Course – IV  B.A. III Year  Discipline Specific Elective (elect Any One)  Health education and personal hygiene  Managerial aspect of Officiating in physical education  Skill Enhancement Course (elect Any One)  BPLLDR (Basketball, Power Lifting & Long Distance Races)  HKS (Handball, Kho-Kho & Shooting)  Lab/Practical Course – V  GENERIC ELECTIVE COURSE  INTRODUCTION OF PHYSICAL EDUCATION  OLYMPIC MOVEMENT  Discipline Specific Elective (elect Any One)  General Coaching and Training in Physical Education  Conditioning Methods of Physical Education	4 2 4	20	- 10	30 30 30 30 30	70 70 70 70 70 70 70	100 100 100 100
2 2 3 4 4	BPE-C451  Ster – V  BPE-E501  BPE-S501  BPE-S502  BPE-S501  BPE-G501  BPE-G502  Ster – VI  BPE-E601  BPE-E602	VWLT (Volleyball, Weight Lifting & Throws)  Lab / Practical Course – IV  B.A. III Year  Discipline Specific Elective (elect Any One)  Health education and personal hygiene  Managerial aspect of Officiating in physical education  Skill Enhancement Course (elect Any One)  BPLLDR (Basketball, Power Lifting & Long Distance Races)  HKS (Handball, Kho-Kho & Shooting)  Lab/Practical Course – V  GENERIC ELECTIVE COURSE  INTRODUCTION OF PHYSICAL EDUCATION  OLYMPIC MOVEMENT  Discipline Specific Elective (elect Any One)  General Coaching and Training in Physical Education  Conditioning Methods of Physical Education  Skill Enhancement Course (elect Any One)	4 2 4	20	-	30 30 30 30	70 70 70 70 70 70	100 100 100 100
2 3 4 emes	BPE-C451  Ster – V  BPE-E501  BPE-E502  BPE-S501  BPE-S501  BPE-G501  BPE-G502  Ster – VI  BPE-E601  BPE-E602	VWLT (Volleyball, Weight Lifting & Throws)  Lab / Practical Course – IV  B.A. III Year  Discipline Specific Elective (elect Any One)  Health education and personal hygiene  Managerial aspect of Officiating in physical education  Skill Enhancement Course (elect Any One)  BPLLDR (Basketball, Power Lifting & Long Distance Races)  HKS (Handball, Kho-Kho & Shooting)  Lab/Practical Course – V  GENERIC ELECTIVE COURSE  INTRODUCTION OF PHYSICAL EDUCATION  OLYMPIC MOVEMENT  Discipline Specific Elective (elect Any One)  General Coaching and Training in Physical Education  Conditioning Methods of Physical Education  Skill Enhancement Course (elect Any One)  LTWG (Lawn Tennis, Wrestling & Gymnastic)	4 2 4	20	- 10	30 30 30 30 30	70 70 70 70 70 70 70	100 100 100 100
2 3 4 emes	BPE-C451  Ster – V  BPE-E501  BPE-S501  BPE-S502  BPE-S501  BPE-G501  BPE-G502  Ster – VI  BPE-E601  BPE-E602	VWLT (Volleyball, Weight Lifting & Throws)  Lab / Practical Course – IV  B.A. III Year  Discipline Specific Elective (elect Any One)  Health education and personal hygiene  Managerial aspect of Officiating in physical education  Skill Enhancement Course (elect Any One)  BPLLDR (Basketball, Power Lifting & Long Distance Races)  HKS (Handball, Kho-Kho & Shooting)  Lab/Practical Course – V  GENERIC ELECTIVE COURSE  INTRODUCTION OF PHYSICAL EDUCATION  OLYMPIC MOVEMENT  Discipline Specific Elective (elect Any One)  General Coaching and Training in Physical Education  Conditioning Methods of Physical Education  Skill Enhancement Course (elect Any One)  LTWG (Lawn Tennis, Wrestling & Gymnastic)  SKMR (Softball, Kabaddi & Miscellaneous	4 2 4	20	- 10	30 30 30 30 30	70 70 70 70 70 70 70	100 100 100 100
2 3 4 4 emes 1	BPE-C451  BPE-E501  BPE-E502  BPE-S501  BPE-S502  BPE-S501  BPE-G501  BPE-G502  Ster – VI  BPE-E601  BPE-E602	VWLT (Volleyball, Weight Lifting & Throws)  Lab / Practical Course – IV  B.A. III Year  Biscipline Specific Elective (elect Any One)  Health education and personal hygiene  Managerial aspect of Officiating in physical education  Skill Enhancement Course (elect Any One)  BPLLDR (Basketball, Power Lifting & Long Distance Races)  HKS (Handball, Kho-Kho & Shooting)  Lab/Practical Course – V  GENERIC ELECTIVE COURSE  INTRODUCTION OF PHYSICAL EDUCATION  OLYMPIC MOVEMENT  Discipline Specific Elective (elect Any One)  General Coaching and Training in Physical Education  Conditioning Methods of Physical Education  Skill Enhancement Course (elect Any One)  LTWG (Lawn Tennis, Wrestling & Gymnastic)  SKMR (Softball, Kabaddi & Miscellaneous Races (Relay, Hurdles & Stipple Chase))	4 2 4 4	20 - 20 20	- 10	30 30 30 30 30	70	100 100 100 100 100
2 3 4 4 2 2 3 3 3 3 3 3 3 3 3 3 3 3 3 3	BPE-C451  Ster – V  BPE-E501  BPE-E502  BPE-S501  BPE-S501  BPE-G501  BPE-G502  Ster – VI  BPE-E601  BPE-E602	VWLT (Volleyball, Weight Lifting & Throws)  Lab / Practical Course – IV  B.A. III Year  Discipline Specific Elective (elect Any One)  Health education and personal hygiene  Managerial aspect of Officiating in physical education  Skill Enhancement Course (elect Any One)  BPLLDR (Basketball, Power Lifting & Long Distance Races)  HKS (Handball, Kho-Kho & Shooting)  Lab/Practical Course – V  GENERIC ELECTIVE COURSE  INTRODUCTION OF PHYSICAL EDUCATION  OLYMPIC MOVEMENT  Discipline Specific Elective (elect Any One)  General Coaching and Training in Physical Education  Conditioning Methods of Physical Education  Skill Enhancement Course (elect Any One)  LTWG (Lawn Tennis, Wrestling & Gymnastic)  SKMR (Softball, Kabaddi & Miscellaneous Races (Relay, Hurdles & Stipple Chase))  Lab/ Practical Course – VI	4 2 4 4 4	20	- 10	30 30 30 30 30	70 70 70 70 70 70 70	100 100 100 100 100
2 3 4 4 emes 1	BPE-C451  Ster – V  BPE-E501  BPE-E502  BPE-S501  BPE-S502  BPE-E551  BPE-G501  BPE-G502  Ster – VI  BPE-E601  BPE-E602  BPE-S601  BPE-S601  BPE-S601  BPE-S601	VWLT (Volleyball, Weight Lifting & Throws)  Lab / Practical Course – IV  B.A. III Year  Biscipline Specific Elective (elect Any One)  Health education and personal hygiene  Managerial aspect of Officiating in physical education  Skill Enhancement Course (elect Any One)  BPLLDR (Basketball, Power Lifting & Long Distance Races)  HKS (Handball, Kho-Kho & Shooting)  Lab/Practical Course – V  GENERIC ELECTIVE COURSE  INTRODUCTION OF PHYSICAL EDUCATION  OLYMPIC MOVEMENT  Discipline Specific Elective (elect Any One)  General Coaching and Training in Physical Education  Conditioning Methods of Physical Education  Skill Enhancement Course (elect Any One)  LTWG (Lawn Tennis, Wrestling & Gymnastic)  SKMR (Softball, Kabaddi & Miscellaneous Races (Relay, Hurdles & Stipple Chase))  Lab/ Practical Course – VI  GENERIC ELECTIVE COURSE	4 2 4 4	20 - 20 20	- 10	30 30 30 30 30 30	70	100 100 100 100 100
2 3 4 4 2 2 3 3 3 3 3 3 3 3 3 3 3 3 3 3	BPE-C451  BPE-E501  BPE-E502  BPE-S501  BPE-S502  BPE-S501  BPE-G501  BPE-G502  Ster – VI  BPE-E601  BPE-S601  BPE-S601  BPE-S601  BPE-S601  BPE-G501	WLT (Volleyball, Weight Lifting & Throws)  Lab / Practical Course – IV  B.A. III Year  Discipline Specific Elective (elect Any One)  Health education and personal hygiene  Managerial aspect of Officiating in physical education  Skill Enhancement Course (elect Any One)  BPLLDR (Basketball, Power Lifting & Long Distance Races)  HKS (Handball, Kho-Kho & Shooting)  Lab/Practical Course – V  GENERIC ELECTIVE COURSE  INTRODUCTION OF PHYSICAL EDUCATION  OLYMPIC MOVEMENT  Discipline Specific Elective (elect Any One)  General Coaching and Training in Physical Education  Conditioning Methods of Physical Education  Skill Enhancement Course (elect Any One)  LTWG (Lawn Tennis, Wrestling & Gymnastic)  SKMR (Softball, Kabaddi & Miscellaneous Races (Relay, Hurdles & Stipple Chase))  Lab/ Practical Course – VI  GENERIC ELECTIVE COURSE  HEALTH EDUCATION AND ATHLETIC CARE	4 2 4 4 4	20 - 20 20	- 10	30 30 30 30 30	70	100 100 100 100 100
2 3 4 4 2 2 3 3 3 3 3 3 3 3 3 3 3 3 3 3	BPE-C451  Ster – V  BPE-E501  BPE-E502  BPE-S501  BPE-S502  BPE-E551  BPE-G501  BPE-G502  Ster – VI  BPE-E601  BPE-E602  BPE-S601  BPE-S601  BPE-S601  BPE-S601	WLT (Volleyball, Weight Lifting & Throws)  Lab / Practical Course – IV  B.A. III Year  Discipline Specific Elective (elect Any One)  Health education and personal hygiene  Managerial aspect of Officiating in physical education  Skill Enhancement Course (elect Any One)  BPLLDR (Basketball, Power Lifting & Long Distance Races)  HKS (Handball, Kho-Kho & Shooting)  Lab/Practical Course – V  GENERIC ELECTIVE COURSE  INTRODUCTION OF PHYSICAL EDUCATION  OLYMPIC MOVEMENT  Discipline Specific Elective (elect Any One)  General Coaching and Training in Physical Education  Conditioning Methods of Physical Education  Skill Enhancement Course (elect Any One)  LTWG (Lawn Tennis, Wrestling & Gymnastic)  SKMR (Softball, Kabaddi & Miscellaneous Races (Relay, Hurdles & Stipple Chase))  Lab/ Practical Course – VI  GENERIC ELECTIVE COURSE  HEALTH EDUCATION AND ATHLETIC CARE  OFFICIATING AND COACHING	4 2 4 4 2 4	20 - 20 20	- 10	30 30 30 30 30 30	70	100 100 100 100 100
2 3 4 4 2 2 3 3 3 3 3 3 3 3 3 3 3 3 3 3	BPE-C451  BPE-E501  BPE-E502  BPE-S501  BPE-S502  BPE-S501  BPE-G501  BPE-G502  Ster – VI  BPE-E601  BPE-S601  BPE-S601  BPE-S601  BPE-S601  BPE-G501	WLT (Volleyball, Weight Lifting & Throws)  Lab / Practical Course – IV  B.A. III Year  Discipline Specific Elective (elect Any One)  Health education and personal hygiene  Managerial aspect of Officiating in physical education  Skill Enhancement Course (elect Any One)  BPLLDR (Basketball, Power Lifting & Long Distance Races)  HKS (Handball, Kho-Kho & Shooting)  Lab/Practical Course – V  GENERIC ELECTIVE COURSE  INTRODUCTION OF PHYSICAL EDUCATION  OLYMPIC MOVEMENT  Discipline Specific Elective (elect Any One)  General Coaching and Training in Physical Education  Conditioning Methods of Physical Education  Skill Enhancement Course (elect Any One)  LTWG (Lawn Tennis, Wrestling & Gymnastic)  SKMR (Softball, Kabaddi & Miscellaneous Races (Relay, Hurdles & Stipple Chase))  Lab/ Practical Course – VI  GENERIC ELECTIVE COURSE  HEALTH EDUCATION AND ATHLETIC CARE	4 2 4 4 4	20 - 20 20	- 10	30 30 30 30 30 30	70	100 100 100 100 100