

Semester-IV
BPE-S401

SKILL ENHANCEMENT COURSE (SEC) (ELECTIVE)
CTTSDR (Cricket, Table Tennis & Short Distance Races)

MM : 100
Time : 3 hrs
L T P
3 1 0
Credits-4

Sessional : 30
ESE : 70
Pass Marks : 28

Unit-I

Historical background of Cricket
Origin and development
Equipments and rules

Unit-II

Marking
Measurements/ Dimensions
Skills
Governing bodies
competitions

Unit – III

Historical background of Table Tennis
Origin and development
Equipments and rules

Unit – IV

Measurements/ Dimensions
Strokes
Governing bodies
competitions
Athletics- introduction
Short distance races
Types start and finish
Rules and Equipments