

BA I Year		BPY-C101		Semester-I	
DSC -PSY-1		Foundation of Psychology			
Total Lectures	Time Allotted for End Semester Examination	Marks Allotted for Internal Assessment	Marks Allotted for End Semester Examination (ESE)	Maximum Marks (MM)	Total Credits
60	3 Hrs.	30	70	100	04

NOTE: The question paper shall consist of three sections (Sec.-A, Sec.-B and Sec.-C). Sec.-A shall contain 10 objective type questions of one mark each and student shall be required to attempt all questions. Sec.-B shall contain 10 short answer type questions of four marks each and student shall be required to attempt any five questions. Sec.-C shall contain 8 descriptive type questions of ten marks each and student shall be required to attempt any four questions. Questions shall be uniformly distributed from the entire syllabus. The previous year paper/model paper can be used as a guideline and the following syllabus should be strictly followed while setting the question paper.

Objectives: To understand the basic psychological processes and their applications in everyday life.

Unit 1: Introduction:

Psychology: a science and a perspective, origin and development of psychology, psychology in India, methods (correlational & experimental). (Lectures -10)

Unit 2: Cognitive processes:

Perception, nature of perception, laws of perceptual organization, learning- conditioning (Pavlovian & Skinnerian), observational learning; memory-processes, information processing model, techniques for improving memory. (Lectures-20)

Unit 3: Motivation and Emotion:

Motives: biogenic (Hunger, Thirst, Sleep) and sociogenic (Achievement, Affiliation and Power)
Emotions: aspects of emotions, key emotions (Lectures-15)

Unit 4: Personality and Intelligence:

Personality: nature, theories (Freud, Jung & Maslow) Intelligence: nature, theories (Spearman, Thurston & Guilford) (Lectures-15)

Readings:

Chadha, N.K. & Seth, S. (2014). The Psychological Realm: An Introduction. Pinnacle Learning, New Delhi.
Ciccarelli, S.K. & Meyer, G.E. (2008). Psychology (South Asian Edition). New Delhi: Pearson
Feldman, S.R. (2009). Essentials of understanding psychology (7th Ed.) New Delhi: Tata Mc Graw Hill.
Glassman, W.E. (2000). Approaches to Psychology (3rd Ed.) Buckingham: Open University Press.
R.N. Singh (1976). Advanced Experimental Psychology. Varanasi : Ganga Saran and Grand Sons.
Arun Kumar Singh (2002). Advanced General Psychology. Motilal Banarsidas, New Delhi.
Arun Kumar Singh (2002). Vyaktitva ka manovigyan, Motilal Banarsidas, New Delhi.
Cloninger, S. C. (2008). Theories of personality: Understanding persons (5th ed.). New York: Pearson.
Funder, D. C. (2010). The personality puzzle. New York: W. W. Norton & Company.
Mayer, J. D. (2007). Readings in personality psychology (1st ed.). New York: Pearson.
Singh, A. K. (2010). Vyaktitva Ka Manovigyan, Motilal Banarsidas, New Delhi.
Hall and Lindzey (1997). Theories of Personality, John and Wiley. Snyder and Lopez: Positive Psychology
Fadiman, J. & Frager, R. (2005). Personality & Personal Growth. (6th Ed.), New York: Prentice Hall
Bayer, B. M. & Shotler, J. S. (1997). Reconstructing the psychological subject, London Sage