

BA I Year

BA I Year	DSC –PSY-1	BPY-C101: Foundation of Psychology		Semester-I	
Total Lectures	Time Allotted for End Semester Examination	Marks Allotted for Internal Assessment	Marks Allotted for End Semester Examination (ESE)	Maximum Marks (MM)	Total Credits
60	3 Hrs.	30	70	100	04
<p>NOTE: The question paper shall consist of two sections (Section-A and Section-B). Section-A shall contain 10 short answer type questions of six marks each and student shall be required to attempt any five questions. Section-B shall contain 8 descriptive type questions of ten marks each and student shall be required to attempt any four questions. Questions shall be uniformly distributed from the entire syllabus. The previous year paper/model paper can be used as a guideline and the following syllabus should be strictly followed while setting the question paper.</p>					
<p>Learning Outcomes:</p> <ul style="list-style-type: none"> ▪ Understanding what Psychology is all about. ▪ Developing familiarity with basic concepts related to some foundational themes of study in psychology such as learning, perception, memory, emotion and motivation • Developing familiarity with individual level phenomenon such as intelligence and personality. 					
UNIT-I	Introduction:	<ul style="list-style-type: none"> • Psychology: a science and a perspective, • Origin and development of psychology, • Scope of Psychology • methods (correlational & experimental). 		Lectures -10	
UNIT-II	Cognitive processes	<ul style="list-style-type: none"> • Perception: nature of perception, laws of perceptual organization, • learning: conditioning (Pavlovian & Skinnerian), observational learning; • memory: meaning, Stages, types, information processing model, techniques for improving memory. 		Lectures-20	
UNIT-III	Motivation and Emotion	<ul style="list-style-type: none"> • Motives: biogenic (Hunger, Thirst, Sleep) and sociogenic (Achievement, Affiliation and Power) • Emotions: aspects of emotions, key emotions 		Lectures-15	
UNIT-IV	Personality and Intelligence	<ul style="list-style-type: none"> • Personality: nature, theories (Freud, Jung & Maslow) • Intelligence: nature, theories (Spearman, Thurston & Guilford) 		Lectures-15	
<p>BOOKS RECOMMENDED:</p> <ol style="list-style-type: none"> 1. Arun Kumar Singh (2002).Advanced General Psychology. Motilal Banarsidas, New Delhi. 2. Arun Kumar Singh (2010). Vyaktitva Ka Manovigyan, Motilal Banarsidas, New Delhi. 3. Bayer, B. M. & Shotler, J. S. (1998). Reconstructing the psychological subject, London Sage 4. Chadha, N.K. & Seth, S. (2014). The Psychological Realm: An Introduction. Pinnacle Learning, New Delhi. 5. Ciccarelli, S.K & Meyer, G.E (2008). Psychology (South Asian Edition). New Delhi: Pearson 6. Cloninger, S. C. (2021). Theories of personality: Understanding persons (5th ed.). New York: Pearson. 7. Fadiman, J. & Frager, R. (2012). Personality & Personal Growth. (7th Ed.), New York: Prentice Hall 8. Feldman, S.R.(2009).Essentials of understanding psychology(7thEd.) New Delhi: Tata McGraw Hill. 9. Funder, D. C. (2019). The personality puzzle. New York: W. W. Norton & Company. 10. Glassman, W.E.(2009).Approaches to Psychology(5th Ed.) Buckingham:Open University Press. 11. Hall and Lindzey (2007). Theories of Personality, John Wiley & Sons. 12. Mayer, J. D. (2007). Readings in personality psychology (1st ed.). New York: Pearson. 					