BA III Year

BA III Year	GE-PSY	BPY-G501: Fou	undation of Psychology	Semester-V			
Same as Semester-I BPY-C101: Foundation of Psychology							
Total Lectures	Time Allotted for End Semester Examination	Marks Allotted for Internal Assessment	Marks Allotted for End Semester Examination (ESE)	Maximum Marks (MM)	Total Credits		
60	3 Hrs.	30	70	100	04		

NOTE: The question paper shall consist of two sections (Section-A and Section-B). Section-A shall contain 10 short answer type questions of six marks each and student shall be required to attempt any five questions. Section-B shall contain 8 descriptive type questions of ten marks each and student shall be required to attempt any four questions. Questions shall be uniformly distributed from the entire syllabus. The previous year paper/model paper can be used as a guideline and the following syllabus should be strictly followed while setting the question paper.

Learning Outcomes:

- Understanding what Psychology is all about.
- Developing familiarity with basic concepts related to some foundational themes of study in psychology such as learning, perception, memory, emotion and motivation

• Developing familiarity with individual level phenomenon such as intelligence and personality.

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UNIT-I	Introduction:	 Psychology: a science and a perspective, 	Lectures -10
		 Origin and development of psychology, 	
		 Scope of Psychology 	
		 methods (correlational & experimental). 	
UNIT-II Cognitive		Perception: nature of perception, laws of perceptual	Lectures-20
	processes	organization,	
		 learning: conditioning(Pavlovian & Skinnerian), 	
		observational learning;	
		 memory: meaning, Stages, types, information 	
		processing model, techniques for improving	
		memory.	
UNIT-III	Motivation and	 Motives: biogenic (Hunger, Thirst, Sleep) and 	Lectures-15
	Emotion	sociogenic (Achievement, Affiliation and Power)	
		 Emotions: aspects of emotions, key emotions 	
UNIT-IV Personality and		• Personality:nature, theories (Freud, Jung & Maslow)	Lectures-15
	Intelligence	Intelligence: nature, theories (Spearman, Thurston	
		& Guilford)	

BOOKS RECOMMENDED:

- 1. Arun Kumar Singh (2021). Advanced General Psychology (12th Ed.). Motilal Banarsidas, NewDelhi
- 2. Arun Kumar Singh (2017). Vyaktitva ka manovigyan (10th Ed.), Motilal Banarsidas, NewDelhi.
- 3. Bayer, B. M. & Shotler, J. S. (1997). Reconstructing the psychological subject, London Sage
- 4. Chadha, N.K. & Seth, S. (2014). The Psychological Realm: AnIntroduction. Pinnacle Learning, New Delhi.
- 5. Ciccarelli, White & Mishra (2017). Psychology (5th Edition). New Delhi: Pearson
- 6. Cloninger, S. C. (2012). Theories of personality: Understanding persons (6th ed.). New York: Pearson.
- 7. Fadiman, J. & Frager, R. (2012). Personality & Personal Growth. (7th Ed.), New York: Prentice Hall
- 8. Feldman, S.R. (2009). Essentials of understanding psychology (7thEd.) NewDelhi: Tata McGrawHill.
- 9. Funder, D. C. (2019). The personality puzzle(8th Ed.). New York: W. W. Nortorn& Company.
- 10. Glassman, W.E. (2008). Approaches to Psychology (5th Ed.) Buckingham: Open University Press.
- 11. Hall and Lindzey (1997). Theories of Personality, Johns and Wiley. Snyder and Lopez: Positive Psychology
- 12. Mayer, J. D. (2007). Readings in personality psychology (1st ed.). New York: Pearson.