

SEMESTER-I		CODE: MPY -C112	PAPER TITLE: PSYCHOLOGY OF PERSONALITY	
Credit	Time	Internal Assessment	End Semester Examination	Total Marks
05	03 Hours	20+10=30 Marks	70 Marks	30+70=100 Marks
<b>LEARNING OUTCOMES:</b>				
<ol style="list-style-type: none"> <li>1. Understand biological and environmental influences on personality development</li> <li>2. Develop a critical understanding of personality through various theories</li> <li>3. Learn how to assess personality in accordance with specific theoretical perspectives</li> <li>4. Develop capability to apply knowledge of personality theories for self and societal growth</li> </ol>				
UNIT-I	Personality	<ul style="list-style-type: none"> <li>• Meaning and Scientific Study of the Personality,</li> </ul>		
UNIT-II	Determinants of Personality	<ul style="list-style-type: none"> <li>• Biological-genetic determinants of personality,</li> <li>• Environmental (Socialization, Society and Culture) factors contributing to personality development.</li> </ul>		
UNIT-III	Psychodynamic and Psychosocial Approaches	<ul style="list-style-type: none"> <li>• Sigmund Freud</li> <li>• CG Jung</li> <li>• Alfred Adler</li> <li>• Abraham Maslow</li> <li>• Henry Murray</li> <li>• Carl Rogers</li> </ul>		
UNIT-IV	Trait and Type Approaches	<ul style="list-style-type: none"> <li>• Gordon Allport</li> <li>• Raymond Cattell</li> <li>• H.J. Eysenck</li> <li>• Big Five Factors Models</li> </ul>		
UNIT-V	Behaviouristic and Learning Approaches	<ul style="list-style-type: none"> <li>• B.F. Skinner</li> <li>• Albert Bandura</li> <li>• Walter Mischel</li> </ul>		
<b>Books Recommended:</b>				
<ol style="list-style-type: none"> <li>1. अरुण कुमार सिंह (2017) व्यक्तित्व का मनोविज्ञान मोतीलाल बनारसीदास ISBN-13: 978-8120821996</li> <li>2. मधु अस्थाना एवं किरन बाला वर्मा (2008) व्यक्तित्व मनोविज्ञान मोतीलाल बनारसीदास ISBN-13 : 978-8120821965</li> <li>3. आर बी त्रिपाठी एवं आर एन सिंह व्यक्तित्व का मनोविज्ञान वाराणसी: गंगा सरन एन्ड ग्रैंड संस</li> <li>4. Jess Feist, Gregory Feist and Tomi-Ann Roberts (2018) Theories of Personality McGraw Hill Education ISBN-13: 978-9353162078</li> <li>5. Sydney Ellen Schultz and Duane Schultz (2013) Theories of Personality Cengage ISBN-13: 978-8131520772</li> <li>6. John B. Campbell, Calvin S. Hall and Gardner Lindzey (2007) Theories of Personality Wiley ISBN-13: 978-8126510924</li> <li>7. Ryckman (2014) Theories of Personality. Cengage India ISBN-13: 978-8131525753</li> </ol>				
<b>Pattern of Theory Question Paper:</b> The theory paper will consist of two sections. Section-A will be of 30 marks in which 10 short answer type questions will be asked and the student will have choice to answer any five questions, each question will carry 06 marks. The Section-B shall be of 40 marks and will contain 08 questions of long answer type and the student will have a choice to answer any four questions. Each question will carry 10 marks. The examiner will be required to set up a question paper covering the entire syllabus uniformly.				