| SEMESTER-IV | | CODE: MPY -E414 | PAPER TITLE: APPLIED PSYCHOLOGY | |
|-------------|----------|---------------------|---------------------------------|-----------------|
| Credit | Time | Internal Assessment | End Semester Examination | Total Marks |
| 05 | 03 Hours | 20+10=30 Marks | 70 Marks | 30+70=100 Marks |

LEARNING OUTCOMES:

- 1. Appreciate practical scope of psychology in diverse fields
- 2. Explain principles of psychology as applicable in crimes, sports, military, and media
- 3. Explore advanced specialization in applied psychology for one's career growth and thereby helping the society.

| UNIT-I | Community Psychology | Concepts of Community and their implication for community Psychology. Relevance of Psychology to community studies. |
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| UNIT-II | Criminal Psychology | Understanding psycho-social factors of criminology, Offences (Juvenile delinquency, Crime against women, Robbery, Substance Abuse, Homicide and Suicide). Role of Voluntary agencies, Ethical issues in forensic practice, terrorism |
| UNIT-III | Sports Psychology | Nature and application, Psychological interventions to enhance mental health, cognitive skills and spiritual skills of sportsmen, Team cohesion and team building |
| UNIT-IV | Military Psychology | Mental health of army personnel, Psychological tests for selection and training, Psychological interventions |
| UNIT-V | Psychology of Information Technology and Mass Media | Promoting Wellbeing and Human rights through I.T, Media and Communication (Concepts, Process and Models), Media Violence, Media Management (Advertising and Public Relations), Cyber Crime. Artificial Intelligence |

Books Recommended:

- 1. David Canter (2017) Criminal Psychology. Routledge. ISBN-13: 978-0415714815
- 2. David Giles (2003) **Media Psychology.** Routledge ISBN-13: 978 -0805840490
- 3. Jacqueline B. Helfgott, Beck M. Strah (2021) Criminal Psychology: History, Practice, Research, and the Future, Praeger Publishers Inc. ISBN-13: 978-1440871740
- John Moritsugu, Elizabeth Vera, Frank Y Wong and Karen Grover Duffy (2019) Community Psychology Routledge ISBN-13: 978-1138747067
- 5. Navin Kumar (2015) Criminal Psychology. Lexis Nexis. ISBN-13: 978-9351434238
- 6. Navin Kumar (2020) Media Psychology: Exploration and Application. Routledge India ISBN-13: 978 -0367542337
- Nidhi Maheshwari (2015) Military Psychology: Concepts, Trends and Interventions. Sage. ISBN-13: 978-9351506300
- 8. R. Mishra (2007). Criminal Psychology. Sumit Enterpises. ISBN-13: 978--8184200447
- 9. R. Zinta (2015) Military Personnel Psychology. Neha Publishers. ISBN-13: 978 -9380318394
- 10. S. K Mangal and Shubhra Mangal (2021) Sports Psychology Sage. Publications Pvt. Ltd. ISBN-13: 978 -9353887186
- 11. Shyodan Singh (2018) **Psychology of Sports Performance: Applications, Interventions and Methods.** Global Vision Publishing House. ISBN-13: 978-9386603128
- 12. Smarak Swain (2019) Applied Psychology. Oak Bridge. ISBN-13: 978 -8194031239
- 13. अरुण कुमार सिंह (2007) सरेल व्यवहारिक मनोविज्ञान, मोतीलाल बनारसीदास ISBN-13: 978-8120827264
- 14. अशोक प्रताप सिंह (2012) व्यावहारिक मनोविज्ञान पियरसन ISBN-13: 978 -8131797273

Pattern of Theory Question Paper: The theory paper will consist of two sections. Section-A will be of 30 marks in which 10 short answer type questions will be asked and the student will have choice to answer any five questions, each question will carry 06 marks. The Section-B shall be of 40 marks and will contain 08 questions of long answer type and the student will have a choice to answer any four questions. Each question will carry 10 marks. The examiner will be required to set up a question paper covering the entire syllabus uniformly.