

## BIO-DATA

### ACADEMIC AND PROFESSIONAL QUALIFICATIONS:

Higher Secondary.	1970	Delhi Board
Bachelor of Arts.	1973	Delhi University
Diploma in Phy.Edu.(PG)	1976	Nagpur University
Master of Arts(Pol.Sci)	1986	Garhwal University
N.I.S Certificate.	1994	N.I.S Patiala
Master of Phy.Edu	2001.	Nagpur
Refresher Course.	2004.	A.S.C H.P University
Refresher Course.	2008.	A.S.C H.P University

### SPORTS PARTICIPATION:

- Participation at Delhi School level competition.
- Participated in Inter College Competition of Nagpur University
- Participated in State level competition of U.P
- Participated in Ministry of Youth Affairs Adventure Activities.

### EXPERIENCE:

- Trained and accompanied Gurukul Kangri Vishvavidyalaya(G.K.V) students for participation in All India Inter University Athletic Meet from year 1983-2013
- K.G.M students were prepared to participate in all India North Zone Badminton and Table Tennis tournament.
- Worked as incharge of N.S.S Unit of Kanya Gurukul Mahavidyalaya and successfully organised regular activities and annual camps from the year 1982-83 to the forth coming sessions.
- Accompanied M.C.A students for educational tours.
- Teaching classes of Physical Education as a subject at the graduation level from July 2009.

### PAPERS PRESENTED:

- 4th National Conference at G.K.V Haridwar 9<sup>th</sup> to 10<sup>th</sup> Dec. 2010, Development of distance running in India.
- International Conference at G.K.V Haridwar 24<sup>th</sup> to 26<sup>th</sup> February 2012, "Mist of doping and Reality."
- International Conference G.K.V Haridwar, Canadian Conference Department of English, Oct. 2010, Contribution of Sports to Biodiversity and Environment- A Fresh Look.

### RECENT ACHIEVEMENTS:

- Retired as Assistant Director of Physical Education. Successfully completed my work tenure on 30<sup>th</sup> June,2013.
- I have been constantly associated with the academic and other co-curricular activities in the college.
- Associated with academic teaching of Physical Education as a subject to the undergraduate students.

**PERSONAL DETAILS:**

Name: Mrs. Balbir Kaur

Date of Birth: 21/06/1953

Father's Name: S. Bishan Singh

Date of Joining: 18/08/1981

Designation: Assistant Director of Physical Education

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