

## *Bio-Data*



### **Dr. Ajay Malik**

*(B.Ed, M.P.Ed, Diploma in Coaching (Athletics), Ph.D)*

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### **Professional Experience**

- ✓ Paper setter & Practical Examiner for B.P.Ed / M.P.Ed in K.U.Kurukshetra / CCS University Meerut M.D.U.Rohtak & HNB University Garhwal.
- ✓ Secretary Sports Council.
- ✓ Member GKDU Institutions Innovation Council (IIC).
- ✓ Member of University Proctorial Board.
- ✓ Member of University EAI Cell.
- ✓ President Physical Education Foundation of India Uttarakhand Chapter.
- ✓ Secretary All India Swami Shraddhanand Hockey Tournament.
- ✓ Member of various University games selection committees.
- ✓ Life Member of Indian Red Cross Society.
- ✓ Life Member of The Indian Science Congress Association.
- ✓ Joint Secretary of Softball Association of India.
- ✓ Secretary of Uttarakhand State Softball Association.
- ✓ Treasurer Haridwar Squash Racket Association.
- ✓ Executive Member Uttarakhand Squash Racket Association.
- ✓ Executive Member Indian Red Cross Society Haridwar.

## **Sports Achievements:**

### **Athletics-**

- Participated in North Zone Interuniversity held at Kanpur
- Third Position in North Zone Interuniversity held at Meerut
- Participated in All India Interuniversity held at L.N.C.P.E Gwalior
- Participated in All India Interuniversity held at M.G.Phule Kottayam
- University Gold Medalist in 100mt.200mt.Events
- Best Athlete in Jat College Rohtak
- Best Athlete in C.R College Rohtak

### **Handball-**

- Second Position in All India Interuniversity held at Calicut
- Third position in XIV Junior National held at Rajasthan
- Participated in National Games held at Maharashtra
- Participated in XX Senior National held at Shimoga
- Participated in North Zone Interuniversity held at Ludhiana
- Participated in North Zone Interuniversity held at Faizabad
- Participated in North Zone Interuniversity held at Patiala
- Two times Haryana state champion.

### **Hockey-**

- Participated in North Zone interuniversity held at Delhi
- Participated in North Zone interuniversity held at AMU Aligarh
- Participated three times in Haryana state championship

### **Cricket-**

- Participated in XIX R.B.S.C. International Cricket Sixes held at Bangkok, Thailand (2003)

### **Softball-**

- Two times Third Position in All India Interuniversity held at Chandigarh (1994-95-96)

### **Korfball-**

- Participated in All India Interuniversity held at Delhi.

### **Throw ball.**

- Participated in XVII Senior National held at Rohtak.

### **Book Published .**

- ✓ **Fundamental of Physical Education XI (ISBN No.9789350411902).**  
Saraswati House Publications Pvt. Ltd. (An ISO 9001:2008 Company).
- ✓ **Fundamental of Physical Education XII (ISBN No.9789350411872).**  
Saraswati House Publications Pvt. Ltd. (An ISO 9001:2008 Company).
- ✓ **Lab Manual- Fundamental of Physical Education XI & XII (ISBN No.9789350412350).**  
Saraswati House Publications Pvt. Ltd. (An ISO 9001:2008 Company)
- ✓ **Lab Manual Physical Education XI (ISBN No. 9789351550211) 2014.**  
Full Marks Pvt. Ltd.
- ✓ **Lab Manual Physical Education XII (ISBN No.9789351550228) 2015.**  
Full Marks Pvt. Ltd.
- ✓ **Method of Yoga (ISBN No. 9789384986063) 2015.**  
Shiksha Deep Prakashan.
- ✓ **Lakshay Sharirik Shiksha**  
Friends Publications Delhi
- ✓ **Anatomy and Physiology**  
Friends Publications Delhi.
- ✓ **Khel Parsnotri**  
Friends Publications Delhi.

**EDITOR.**

- ✓ Gurukul Patrika (January-June 2014).

**Paper Published in Journals: 30**

**Paper Presented in Conferences/Seminars/Congress.**

**INTERNATIONAL-15**

**NATIONAL- 25**

**Seminar/Workshop- 10**

**Experience Organizing Secretary:**

- ✓ 5<sup>th</sup> National conference on Present Innovative Approaches & New Paradigm in Physical Education.
- ✓ Organized All India Inter University Squash Championship (2015).
- ✓ Organized Inter District Squash Championship (2014).
- ✓ Organized Junior National softball Championship at Risikesh.
- ✓ Organized 83<sup>rd</sup> onwards All India Swami Shardhanand Hockey Tournament from 24<sup>th</sup> December 2014 to 2019.
- ✓ Organized National Squash Championship (2019).
- ✓ Organized 11 State Softball Championship (2019).



**(AJAY MALIK)**

