

**Department of Psychology  
Kanya Gurukul Campus**

**Institution Name: Gurukul Kangri Vishwavidyalaya**

**Programme Name: M.A./M.Sc. PSYCHOLOGY**

**Level – PG**

**Semesters: 04**

**Programme Outcome**

The main objective of the programme is to update student with fundamental as well as advanced knowledge of psychology. Programme has been designed with the objective to provide comprehensive knowledge and training with the research orientation in detail of modern psychology. There are four semesters (two year course) in this programme; student will study various papers during the semesters. First two semester (first year) student will study compulsory paper by studying those papers they will equip to undergo higher studies in the area of psychology such as; programme of two semester emphasis on research methods, statistics, personality development, experiment psychology and applied psychology.

During the last two semesters (second year of study) student will have choice to select elective/papers among the designed course. The student, who will opt dissertation, will select any three theory paper in third semester and fourth semester students can be opt any four elective paper in the designed course.

Therefore the programme will develop skill of the students with good grasp of research and its methods that will contribute greatly on the success of their career or somewhere else.

**Course Outcome**

**1 Course Name: Research Methodology**

Course Code: MPY-C101

Course Level: PG

**Course Objectives:**

- a) To introduce the basic principles of Research Methodology.
- b) To introduce and develop skill of sample, sampling techniques and research design in research.
- c) To update knowledge of students regarding methods of data collection and analysed data in research
- c) To equip students with skills scientific control in social sciences research and also steps of report writing.

**2 Course Name- Experimental Psychology**

Course Code- MPY- C102

Course Level- PG

**Course Objectives:**

The objective of this course is to explore the basic faculties of human psychology and better understanding of human behaviour through experimentations. This will facilitate students to understand attention, perception, learning, motivation, and also inherent cognitive or perceptual powers of the mind in various settings and enhance their skill to develop the behaviour of themselves as well as others through theoretical and practical knowledge of experimental psychology.

### **3 Course Name- Psychology of Personality**

Course Code: MPY-C103

Course Level: PG

#### **Course Objectives**

This course enables students to become familiar with the determinants of personality, major theories of personality for personal growth. It further enables the student to articulate the underlined themes, methodology and assumption of each theory to enhance understanding of personality and behaviour.

### **4 Course Name: Advanced Social Psychology**

Course Code: MPY- C104

Course Level: PG

#### **Course Objectives**

This course enables students to achieve integrative understanding of social psychological theory and research. It also helps in acquiring a thorough familiarity with methodological issues and thinking critically and analytically about experimental research in social psychology. It also helps the students for developing the sense of adjustment in all the spheres of life (personal and professional) to maintain and understand social problems and sustain the competitive excellence.

### **5 Course Name- Statistical Technique in Psychology**

Course Code: MPY- C201

Course Level: PG

#### **Course Objective**

This course would help students for understanding basic concepts of statistics, central tendency, N.P.C, parametric and non-parametric statistical techniques as applied in research in psychology.

### **6 Course Name- Cognitive Processes**

Course Code: MPY- C202

Course Level: PG

#### **Course Objectives**

The objective of this course is to study the concept of central nervous system, peripheral nervous system in detail for understanding cognition and its application in cognitive psychology. Also motivation, emotion, learning, creativity and decision making capacity which will facilitate the students develop the cognitive skills in themselves and others.

### **7 Course Name- Counselling Psychology**

Course Code: MPY- C203

Course Level: PG

#### **Course Objectives**

The course offers good progression to those seeking to attain an accredited counsellor status and further enhance their functional role at work and in a personal capacity.

### **8 Course Name- Applied Psychology**

Course Code- MPY- C204

Course Level- PG

#### **Course Objective:**

In this course students will learn about the various fields of applied psychology namely; community psychology, criminal psychology, sports, psychology, military psychology and psychology of information. Students obtained knowledge of above said branches of psychology which make themselves enable to select the area of interest for higher studies and practice in different fields of psychology.

### **9 Course Name- Applied Psychometry**

Course Code: MPY- C301

Level: PG

#### **Course Objectives**

The course teaches the students about the foundations, construction and objectives on wide-ranging effects of psychological testing. It further describes the various testing methodologies and outlines capabilities and limitations of these testing methods.

### **10 Course Name- Psychopathology**

Course Code: MPY-C302

Course Level: PG

#### **Course Objectives**

The students will understand signs and symptoms of various disorders namely; anxiety disorders, psychotic, somatoform and cognitive impairment. Through which they will be able to assess the symptoms, nature, causes and dysfunctions associated with the disorders then discuss the intervention programs with regard to the goals of therapy.

### **11 Course Name- Heath Psychology**

Course Code: MPY-E 303

Course Level: PG

#### **Course Objectives**

This course will provide understanding the basic concept of mental as well as physical health to the students and explore many ways to modifying health behaviour by adapting psychological models .The particular focus on how to promote health across a range of settings this course will be relevant for students who want to work in health settings. The course will provide an insight into how psychology can be used to understand important health issues for example – patient adjustment to chronic illness, how to motivate patients to change their health-related behaviour or how lifespan influences shape our health beliefs and behaviours.

### **12 Course Name- Psycho Diagnostic Technique**

Course Code- MPY- E304

Course Level- PG

#### **Course Objectives:**

The aim of this course will provide to learn the techniques through which students diagnose various types of disorders like personality disorders by projective techniques, neuropsychological testing like; GSR, EEG etc. Students also obtained basic knowledge of psycho diagnostic tools for obtaining clinical data of patients

### **13 Course Name: Dissertation**

Course Code: MPY- E308

Course Level- PG

#### **Course Objective**

- To enable the student's practical exposure in their core area of interest (Clinical setting) and professional training.
- To develop skills of report writing.
- To develop research orientations and enhance skills in Research Methodology.

### **14 Course Name- Psychological Testing**

Course code- MPY- C401

Course Level- PG

#### **Course Objective**

This is a very significant paper in terms of test/diagnostic tool. In this paper students will learn the application, of the test with respect of test-taker perspective. Students will also learn measurement of aptitude and ability of the person through aptitude and ability test namely; multidimensional, multilevel and differential and aptitude tests and cognitive measurement test through cognitive ability test. In the same way students will learn personality measurement, interest and also test for special population by studying the paper of psychological testing.

### **15- Course Name- Clinical Intervention**

Course Code- MPY- C402

Course Level- PG

#### **Course Objective**

The Objective of this course is to help students to understand various clinical intervention techniques and its implications in clinical fields and also enhance student functional capabilities. They learn helping process as far as develop counselors and professional's skills through knowledge of skill training programmers like yoga, meditation, self instructional training etc.

### **16 Course Name- Therapeutic Technique**

Course Code- MPY-E403

Course Level- PG

#### **Course Objective:**

The main objective of this course will develop skill of the students regarding roles and responsibilities of the therapist. Through this course student will equipped well for applying different therapies according to the pathological problems of the patients. Therapies such as behaviour therapies, cognitive behaviour therapies, Humanistic therapies, and psychodynamic therapy are applied in different disorders. Student also understand ethical issues code of conduct and relationship with the patients

### **17 Course Name- Psychology of Rehabilitation**

Course Code- MPY-C404

Course Level- PG

#### **Course Objective**

The objective of this course is to help student to get aware with disabilities and other chronic condition that affect individuals. Learn methods to helps individuals with disabilities and other chronic conditions to improve the quality of their lives. Students also will learn group and family based intervention in the perspective of rehabilitation.

### **18 Course Name- Practical**

Course Code: MPY-C151, MPY-C251, MPY-C 351 & MPY-C451.

Course Level: PG

#### **Course Objectives**

This course will provide each student with an exposure to the general concepts of psychology through experimentation and testing

### **Programme Specific Outcome**

#### **1 Course Name: Research Methodology**

Course Code: MPY-C101

Course Level: PG

#### **Student Learning Outcomes:**

- On completion of the course the student will be able to understand, participate and conduct various steps involved in research.
- Differential understanding of appropriate techniques of collecting data, sampling techniques and identified research design to be used in scientific research in social sciences.

#### **2 Course Name- Experimental Psychology**

Course Code- MPY-C102

Course Level- PG

#### **Student Learning Outcome**

- Gain theoretical and experimental knowledge of concepts of skill development namely; attention, perception, memory, thinking and problem solving.

- Develop human abilities by getting knowledge of determinants of human ability.
- Develop ability to solve daily life problems in the light of theoretical and practical knowledge of factors affecting problem solving and thinking procedures.

### **3 Course Name- Psychology of Personality**

Course Code: MPY-C103

Course Level: PG

#### **Student Learning Outcomes:**

Illustrate various theories of personality.

Develop capability to apply knowledge of personality theories for self and societal growth

### **4 Course Name: Advanced Social Psychology**

Course Code: MPY- C104

Course Level: PG

#### **Student Learning Outcomes**

Develop insight and analyze the contribution of social psychologists to the understanding of human society. Evaluate effective strategies in socialization, group processes (both inter and intra group), and interpersonal processes and helping behaviour Ability to chart the progression of theories in major areas in Social Psychology. Interpret attitude formation and various methods to be used to change the attitude.

### **5 Course Name- Statistical Technique in Psychology**

Course Code: MPY- C201

Course Level: PG

#### **Student Learning Outcomes**

- Analyze the basic concept of statistics in psychology
- Explore parametric and non parametric statistical analysis
- Illustrate hypothesis testing
- Apply qualitative and quantitative data analysis

### **6 Course Name- Cognitive Processes**

Course Code: MPY- C202

Course Level: PG

#### **Student Learning Outcomes:**

- Getting theoretical and practical knowledge about concepts of motivation & emotion, conditioning, creativity & decision making.
- Identify the brain's levels and structures, and summarize the functions of its structures.
- Analyze each situation rationally and take decisions better and faster than others.
- Comprehend the role of mental processing in day today life and solving problems.
- Identify the building blocks that enable a student to identify one's strengths and weaknesses so that they can further help others in doing so.

### **7 Course Name- Counselling Psychology**

Course Code: MPY- C203

Course Level: PG

#### **Student Learning Outcomes**

Student will be able to:

- Evaluate counselling & other associated helping professions.
- Formulate new techniques to apply in natural settings.
- Analyze the roles and responsibilities of a trained counsellor coupled with skills based knowledge of various helping models.

### **8 Course Name- Applied Psychology**

Course Code- MPY- C204

Course Level- PG

Student Learning Outcome

- Students develop skill about various fields of psychology.
- Students understand types of crime prevailed in society, identify causes of crime and psychological interventions of criminals.
- Students enable to serve army personnel by studying military psychology and understand their problems in various field with respect to mental health problems and provide insight to them for solution of their problem
- Provide insight about physical health of others as well as themselves towards sports by understanding sports psychology

### **9 Course Name- Applied Psychometry**

Course Code: MPY- C301

Level: PG

**Student Learning Outcomes**

- Develop capabilities of assessment of tools, methodologies and testing procedures.
- Demonstrate ability to handle ethical concerns surrounding psychological testing
- Apply the learning of test conduction and report generation in real life setting
- Demonstrate the ability to handle psychological assessment

### **10 Course Name- Psychopathology**

Course Code: MPY-C302

Course Level: PG

**Student Learning Outcomes**

- Identify different types of disorders along with anxiety and mood disorders, their clinical picture and management
- Analyse Impact of socio-occupational & personal functioning.
- Formulate the case with the help of psychological testing.
- Plan Therapeutic programs for management based on goals of therapy

### **11 Course Name- Heath Psychology**

Course Code: MPY-E 303

Course Level: PG

**Student Learning Outcomes**

- Analyzing Historical perspective on Health & Illness
- Introduction on how theoretical and empirical findings are applied to improve the lives and development of individuals and groups with the help of health psychology.
- Analyze and critically evaluating fundamental issues, arguments, and points of view in health psychology

## **12 Course Name- Psycho Diagnostic Technique**

Course Code- MPY- E304

Course Level- PG

Student Learning Outcome

- Students understand the basic concept of psycho diagnosis, its nature and scope.
- Students learn to explore sources of collecting clinical data.
- Students learn method of clinical interview role and tactics of the interview.
- They understand intelligence testing and intelligence test used for clinical assessment.
- They understanding personality testing, and personality test used for clinical purpose.
- They explore Neuropsychological testing and various method of neuropsychological assessment

## **13 Course Name: Dissertation**

Course Level: PG

Course Code: MPY- 308

**Duration: Six Month (3<sup>rd</sup> Sem.)**

### **Guidelines for Dissertation**

- 1) Topic
- 2) Introduction
- 3) Review of literature
- 4) Research Methodology
- 5) Result
- 6) Interpretation and Discussion
- 7) Conclusion
- 8) References
- 9) Appendix

## **14 Course Name- Psychological Testing**

Course code- MPY- C401

Course Level- PG

Student- Learning Outcome:

- Students became well equip in measurement and administration of the test.
- They obtained proper knowledge of various test in respect to various aspect of human nature.
- Students also equip well in terms of measurement and assessment of special population like infants, mentally retarded and physically handicapped people.

## **15- Course Name- Clinical Intervention**

Course Code- MPY- C402

Course Level- PG

Student Learning Outcome

- Students learn and identify basic psychotherapeutic techniques used in clinical interventions.
- Students learn skills of a therapist, listening, leading, confronting etc..
- They understand issues faced by therapist during counseling.



- They learn interventions skills and training like; psychodrama, yoga and meditation, concept of biofeedback etc.

### **16 Course Name- Therapeutic Technique**

Course Code- MPY-E403

Course Level- PG

Student Learning Outcome

- Students will learn therapies and apply according to the disorders of the patients.
- Students will understand ethical issues of the therapist.
- Student will enhance their skills in respect to form relationship between therapist and patients.
- Contribution to serving to society in true manner and provide knowledge based service to the society.

### **17 Course Name- Psychology of Rehabilitation**

Course Code- MPY-C404

Course Level- PG

Student Learning Outcome

- Students understand concept of rehabilitation, its objectives and process by which they could be able to service community far as institutions.
- Students understand the application and importance of disabilities through which they explore incidence and prevalence of various kind of disabilities
- .Students becomes well equipped in understanding of rehabilitation techniques and psychological interventions for helping rehabilitate individuals with various disabilities.
- They are able to identify various government schemes and acts, legal aspects, Ethical issues in Rehabilitation.

### **18 Course Name- Practical**

Course Code: MPY-C151, MPY-C251, MPY-C 351 & MPY-C451.

Course Level: PG

**Student Learning Outcomes:**

- Ability to administer, analyze and interpret results from various psychological tools.
- Expanded knowledge of various assessment procedures