

**Dr. SURENDRA KUMAR**

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**Dean - Faculty of Yoga and Physical Education**

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**Educational Qualification:-** Ph.D., M.A. in Philosophy, P.G. Diploma in Human Consciousness and Yogic Science, Certificate in Yoga.

**Working Experience:-**

1. Worked as a Supervisor in the Dept. of Adult Education, GKV Haridwar from 25-11-1985 to 30-06-1992.
2. Worked as a Yoga Instructor in the Dept. of Human Consciousness and Yogic Science, GKV Haridwar from Aug. 1992 to 21-03-2007.
3. Working as Professor in the Department of Yogic Science, GKV Haridwar.

**Organizing Conferences and Seminar:-**

1. Worked as an assistant organizing secretary of conference on Yoga and Health Awareness in Modern Scenario from 23 to 25 March 2007, organized by Department of Human Consciousness and Yogic Science GKV Haridwar.
2. Worked as an organizing secretary of a National Workshop on "Yoga and Alternative Therapies" from 26<sup>th</sup> March 2014 to 1<sup>st</sup> April 2014. Organized by Department of Human Consciousness and Yogic Science GKV Haridwar.
3. Worked as an organizing secretary of a National Workshop on "Yoga and Alternative Therapies" from 9<sup>th</sup> March 2015 to 15<sup>th</sup> March 2015. Organized by Department of Human Consciousness and Yogic Science GKV Haridwar.
4. Worked as an assistant organizing secretary of National Seminar on "Yogic Management of Life Style Disorders" Organized by Department of Human Consciousness and Yogic Science GKV Haridwar, from 30<sup>th</sup> to 31<sup>st</sup> March 2015.
5. Worked as an organizing secretary of a National Workshop on "Yoga and Alternative Therapies" from 25<sup>th</sup> April 2015 to 30<sup>th</sup> April 2016. Organized by Department of Human Consciousness and Yogic Science GKV Haridwar.

**Other Educational Professional work:-**

1. Participated in International Yoga Week from 02-07 Feb 1993, Organized by Department of U.P. Tourism and Govt. of U.P.
2. Participated in International Yoga Week from 15-21 Feb 2001, Organized by Parmarth Niketan Rishikesh.



3. Worked as a Team Manager in All India University Yogasan (M & W) Championship at North Gujrat University Patan On 23 June 2002.
4. Worked as a judge in 3<sup>rd</sup> State Yoga Championship 2004 organized by Uttarakhand State Yoga Association.
5. Worked as a judge in 6<sup>th</sup> State Yoga Championship 2008 organized by Uttarakhand State Yoga Association.
6. Worked as a judge in 7<sup>th</sup> State Yoga Championship 2009 organized by Uttarakhand State Yoga Association.
7. Worked as a judge in 5<sup>th</sup> Women State Yoga Championship 2010 organized by Uttarakhand Women Yoga Association.
8. Worked as a judge in 10<sup>th</sup> State Yoga Championship 2010-11 organized by Uttarakhand State Yoga Association.
9. Participated in Marma Vigyan evam Marma Chikitsa Training Camp from 31<sup>st</sup> Jan. to 04<sup>th</sup> Feb 2011 organized by Department of Human Consciousness and Yogic Science GKV Haridwar.
10. Participated as a Resource person in Continuing Medical Education Program on Yoga from 23<sup>rd</sup> May to 28<sup>th</sup> May 2011, organized by Department of Human Consciousness and Yogic Science GKV Haridwar.
11. Worked as a judge in 11<sup>th</sup> State Yoga Championship 2011-12 organized by Uttarakhand State Yoga Association.
12. Participated in Marma Chikitsa workshop from 07<sup>th</sup> to 09<sup>th</sup> Nov. 2012 organized by Department of Human Consciousness and Yogic Science GKV Haridwar.
13. Participated in one day workshop on "Importance of Yogic Science & Marma Chikitsa for Children with Special Needs" to dated 30-11-2013, organized by Abhiprerna Foundation Haridwar.
14. Worked as a judge in 13<sup>th</sup> State Yoga Championship 2013 organized by Uttarakhand State Yoga Association on 8<sup>th</sup> December 2013.
15. Participated in International Yoga Week from 1<sup>st</sup> to 7<sup>th</sup> March 2014. Organized by Garhwal Mandal Vikas Nigam, Uttarakhand Tourism.
16. Worked as a Judge in International Yoga Championship from 4 to 6<sup>th</sup> March 2014, Organized by DSVV Haridwar.
17. Participated in the One day National Workshop on Neurotherapy. Organized by DSVV Haridwar. 15<sup>th</sup> April 2014.
18. Worked as a Judge in District Level Yogasana Chaimpionship dated 19 Oct. 2014, Organized by Bharat Swabhiman Nyas, Haridwar.
19. Participated in Ten days Vipassana Meditation Course from 04 to 14<sup>th</sup> Jan. 2015. Organized by Vipassana Meditation Center Lucknow (UP).
20. Participated in Ten days Vipassana Meditation Course from 31<sup>st</sup> May to 11<sup>th</sup> June 2015. Organized by Dehradun Salila Vipassana Meditation Center Dehradun.
21. Participated in Run For Yoga at 12 June 2015, Organized by Department of Human Consciousness and Yogic Science GKV Haridwar & Uttarakhand Open University, Haldwani.



22. Participated in 5<sup>th</sup> International Yoga Festival on Yog, Culture & Spirituality from 1<sup>st</sup> to 6<sup>th</sup> October 2015, Organized by DSVV Shantikunj Haridwar.

#### **Membership of Professional Bodies:-**

1. Member of BOS in the Dept. of Yogic Science, Pt. L.M.S. Govt. P.G. (Autonomous) College Rishikesh, Dehradun, Uttarakhand.
2. Member of BOS in the Dept. of M. Ed. (Yoga) and M.Phil. (Yoga) Punjab University Chandigarh.
3. Member of BOS in the Dept. of Yogic Science, Uttarakhand Sanskrit University, Haridwar.
4. Member of BOS in the Dept. of Yogic Science, Dr. H.S. Gaur University, Sagar.
5. Member of examination committee in Dept. of Yogic Science, Dr. H.S. Gaur University, Sagar.
6. Member of IQAC in the faculty of Medical Science & Health.
7. Convener of Student Welfare of G.K.V.V. Haridwar.

#### **Invited lectures and chairmanship in the session of conference/seminar and workshop:-**

1. A Lecture as a keynote speaker and chairmanship in three days "National Conference on Yoga Moral Values in Modern Perspectives" from 29<sup>th</sup> to 31<sup>st</sup> Jan. 2006, organized by Dept. of Yogic Science, Dr. Harisingh Gour University Sagar Madhya Pradesh.
2. Invited lectures and chairmanship in two days workshop and training camp on Yoga and Naturopathy from 05-06 March 2011, organized by Mokshayatan International Yogashram Berri bag, Saharanpur, U.P.
3. Invited lectures as a resource person in the "Continuing Medical Education Programme on Yoga" from 23<sup>rd</sup> to 28<sup>th</sup> May 2011. Organized by Depy. Of H. C. and Yogic Sciences GKU Haridwar.
4. Invited lectures in National Seminar on "Yoga main Shraddha ka Mahattava" to dated 08-04-2012 organized by Patanjali Yogadham Jwalapur.
5. Invited lectures and chairmanship a session in Nationsl seminar and workshop on Manvadhikar Sanrakshan from 15-17 Feb 2013, organized by National Human Right Commission, New Delhi, Bhartiya Lok Prashasan Sansthan, Badayun and Faculty of Management, GKV Haridwar.
6. Invited Lecture as a resource person in the International Seminar on "Yoga Education for Enhancing Quality in Teacher Education" sponsored by Indian Council of Social Science Research, New Delhi on 20<sup>th</sup> & 21<sup>st</sup> Feb. 2015. Organized by Maharishi Dayanand College of Education Abohar (Punjab).
7. Participated as a Chairperson a session in the National Seminar on "Vaishvik Gyan-Vigyan ke Pripeksh mein Vedon ki Prasangikta, from 13<sup>th</sup> to 15<sup>th</sup> March 2015, Organized by Ved Vibhag GKU Haridwar.



8. Delivered two Lectures as a resource person in the Refresher Course in Physical Education & Yogic Science, between 08 to 30<sup>th</sup> July, 2015 Organized by UGC-Human Research Development Center (ASC), Kumaun University, Nainital.
9. Delivered Lecture as a speaker in the One day Workshop on "Patent Drafting & Processing" Organized by IPR cell & Faculty of Medical Science & Health, G.K.U. Haridwar on 14<sup>th</sup> November 2016.
10. Delivered Lecture on Recent Advancements of "Yoga and Health" on 26-27 December 2016 at Dera Baba Bhuman Shah Trust Sirsa (Hariyana).

#### Ph.D. Guidance:-

11 Ph.D. Awarded.

#### Award:-

1. Award of Honour by Department of Yogic Science, Dr. H.S. Gaur University, Sagar, M.P.
2. Award of Honour by Dev Sanskriti Vishwavidyalaya, Shantikunj – Haridwar, Uttarakhand (U.K.).
3. "Shiksha Ratn Samman" by Vishwambhar Adhyatm evm Vigyan Samsthan, Jabalpur Evm Narayan Yoga Ashram Trust Reg., Rishikesh (Uttarakhand) on 21 September 2016.

#### Detail of Published Research Paper:-

S.N.	Title of The Paper	Name of the Journal/Magazine	Year	Volume & Pages	ISBN/ISNN No.
01	Paryavaran evam Yoga	Jan Chetana	2000	P. 26-28	
02	Dharama ka Swaroop	Gang Garima	July 2001	P. 31-33	
03	Ashtavaka Gitaanusar Atma	Vishwa Jyoti	April-May	P. 53.1-2	PB-0188/2003 R.N.No. 01/57
04	Yoga dwara motape se mukti	Harihar Sandesh	Sept. 2004	P. 51-52	RNI-DELHIN/2004/12281
05	Bhartiya Sanskriti ke Pran Ganga, Gaya Evm Gangotri	Vaibhav aur Saubhagya	April 2005	Vol.01/1 P.9-12	R.N.No. DE LHN 12896/29/1/04TC
06	Deepawali Yogic Drashti Mai	Vaibhav aur Saubhagya	Octo. 2005	Vol.01/1 P.6-7	R.N.No. DELHN 12896/29/1/04TC
07	Markandey Puranokt Yoga Vigyan	Vaibhav aur Saubhagya	Jan. 2006	Vol.02/1 P.38-40	R.N.No. DELHN 12896/29/1/04TC
08	Ashtang Yoga	Yoga Sambahika	2006	P. 26-27	--
09	Jain Dharma mai Ahimsha	Sulochna Janch evam Chikitsa	2007	P. 19-19	--



		Kendra Smarika			
10	Acupressure Chikitsa	Yoga- Sar Sandesh	2008	Vol. 2/2 P. 19-22	
11	Swasth man ki prapti mein Yoga Sutra ki Bhumika	Gurukul Sodh Bharti	March 2011	Vol. 15 P 152-158	ISSN 0974-8830
12	Uchha Raktchaap ki Yoga Chikitsa	Gurukul Patrika	April-June 2011	Vol. 63 P 139-146	ISSN 0976-8017
13	Paryavaran Sanrkshan mein Yoga ki Bhumika	Gurukul Sodh Bharti	March 2012	Vol. 17 P 101-106	ISSN 0974-8830
14	Bhartiya Shiksha ke Kshetra mein Swami Shraddhanand ka Yogdan	Gurukul Sodh Prabha	April-Jun 2012	P. 86-91 Vol.-01	ISSN 2319-8907
15	Vartman Samasyaon ke Sandarbh mein Sakaratmak Chintan ki Bhumika	Gurukul Sodh Bharti	Sept. 2012	Vol. 18 P.158-162	ISSN 0974-8830
16	Shrimadd Valmikiya Ramayan mein Punarjanm	Gurukul Sodh Bharti	March 2013	Vol.19 P. 155-159	ISSN 0974-8830
17	Madhumeh ki Yogic Chikitsa	Samarika Yoga evam Samagra Swasth Karyashala	Feb. 2013	P. 59-61	
18	Samgra Swasthya mein Ghatasth Yoga ki Bhumika	Gurukul Patrika	Jan.June 2013	Vol. 65/1-2 P. 214-218	ISSN 0976-8017
19	Vartman Samaj mein Karmyog ki Upadeyta	Gurukul Sodh Bharti	Sept. 2013	Vol. 20 P. 217-223	ISSN 0974-8830
20	Vedokta Kshtriya	Gurukul Patrika	January-March 2014	Vol. 66/1 P. 23-27	ISSN 0976-8017
21	Vaidik Sanghthan men Niti Tattava	Gurukul Patrika	April-June 2014	Vol. 66/2 P. 163-171	ISSN 0976-8017
22	Varahopnishad mein Yam Niyam	Sodh prajyam	June 2014	Vol.-II P 133-139	ISSN 2347-9892
23	Geeta mein Swasth Jivan ke Tattav	Gurukul Sodh Bharti	Sept. 2014	Vol.-22 P 183-187	ISSN 0974-8830
24	Varahopnishad men Varnit Nadishodhan Pranayam ki	Gurukul Shodh Bharti	Sept. 2015	Vol.-24 P 100-	ISSN 0974-8830

	Mahatta			105	
25	Upnishdon men Nadi Varnan	Sodh prajyam	Dec. 2015	Vol.-3/1 P. 67-71	ISSN 2347-9892
26	Sanghthanniti men Netritva ke Gun Tatha Sanghthan Kaushal ke Anivary Tattva	Gurukul Shodh Bharti	March 2016	Vol.-25 P 188-192	ISSN 0974-8830

#### List of Publish Books:-

S.N.	Title of Book	Name of Publisher	Publish Year	ISBN NO.
01	Bhartiya Darshanon Me Ahimsa Tatava	Classical Publishing Company, New Delhi	1999	ISBN 81-7054-291-8

#### List of Conference Proceeding :-

S.N.	Title of Book	Name of Paper	Publish Year	ISBN NO.	Page No.
01	Yoga evam Naitik Moolya	Yogic Naitik Moolyon se Mansik Swasthya	2008	978-81-88134-98-4	255-260
02	Yoga Education	Samajik Jeevan ki Shanti men Yog ki Upyogita	2015	ISBN 978-93-5212-217-2	15-19

#### List of Conference/Seminar/Workshop Attended:-

S.N.	National / International	Name of the Event	Title of the Paper Presented	Organized by	Dates / Period
01	National	Integrating population in literacy companying	-	Dept. of Adult continuing education and extension, GKV, Haridwar	19-20 March 1993
02	National	Importance of environment and values in education	-	Faculty of oriental studies GKV Haridwar	19-21 Feb. 1994
03	National	Varna vyavastha ka vaigyanik aadhar	-	Faculty of oriental studies GKV Haridwar	24-26 March 1995
04	National	Yoga in new Millennium and workshop on meditation	Yoga dwara maa evam bachhe ki swasth raksha	Dept. of Yoga, GKV, Haridwar	10-13 Feb. 2000
05	National	States of consciousness and Yoga	Bhartiya darshanon mei chetana	Dept. of Yoga, GKV, Haridwar	21-22 March 2001

06	National	76 <sup>th</sup> session Indian Philosophical congress	-	Gurukul Kangri Univ., Haridwar	29 octo.-01 Nov. 2011
07	National	49 <sup>th</sup> session of Akhil Bhartiya Darshan Parishad	Dharam Vishleshan	HNB Garhwal University, Shrinagar Garhwal	16-18 oct. 2003
08	International	Psycho therapy Yoga and Spirituality	-	Yoga and Psychotherapy Association of India, held in Haridwar	27-29 Nov. 2005
09	National	Yoga moral values in modern perspectives	Yogic Mulyon se mansik swasthya	Dept. of Yogic Science, Dr. H.S.G. Uni. Sagar, M.P.	29-31 Jan. 2006
10	International	Yoga and Health awareness in modern scenario	Vishwa shanty mai kundlini mahashakti ki kaljayee bhumika	Dept. of Human Consciousness & Yogic Science, GKV, Haridwar	23-25 March 2007
11	International	Recent Advance in Yoga & Psychotherepy	-	Dept. of Yogic Science, Dr. HSG Uni. Sagar, M.P.	23-25 Nov. 2007
12	International	World Ved Conference	Vedon me Yog Tatva	Gurukul Kangri Univ., Haridwar	20-22 Nov. 2009
13	National	Modern Trends & Directions of Physical Education & Sports	Uchha rktachap ki yog chikitsa	Dept. of Physical Education & Sports, GKV, Haridwar	09-11 Dec. 2010
14	National	Vedon ka vartman evam bhavishya	Vedo me Nadyoga	Dept. of Ved, GKV, Haridwar	18 Dec. 2010
15	National	Two days workshop and Training Program on Yoga & Naturopathy	Yoga evam Prakritik chikitsa ka mahatva	Mokshayatan International Yogashram, Saharanpur (UP)	05-06 March 2011
16	National	Teaching Methods in Yoga	-	Dept. of Human Consciousness & Yogic Science, GKV, Haridwar	12-13 March 2011
17	National	National Seminar On Management of Psychosomatic Disorder	Mansik vikaron me Yoga Chikitsa	Jointly organized by Dept. of H.C. and Yogic Science, GKV, Haridwar & Patanjali Yogadham Jwalapur	07 April 2011
18	National	Management of life style disorder through AYN in 21 <sup>st</sup> century	Manovikaron ke prabandhan me Yoga evam prakritik chikitsa ki bhumika	Schools of rural health science Uttarakhand Open University, Haldwani	11-12 Jun 2011

19	International	Global Innovation, Strategies and policies in Physical Education and Sports Science	Samgra swasthya me Ghatasth yoga ki bhumika	Dept. of Physical Education & Sports, GKV, Haridwar	24-26 Feb. 2012
20	National	Sakartmak Chintan ka Darshnik Swaroop evam uski Vartman Sandarbh me Prasangikta	Vartman Samsyaon ke Sandarbh me Sakartmak Chintan ki bhumika	Dept. of Philosophy, Gurukuls Kangri Univ., Haridwar	26 March 2012
21	International	Globalized scientific scenario for yogic health and transformation	Yoga ka aadhar ahimsa hi vishwa shanty ka aadhar hai	Dept. Yogic Science, Uttarakhand Sanskrit Univ. Haridwar & Narayan ashram Rishikesh	21-22 nov. 2012
22	National	Manvadhikar sanrakshan	Madhumeh ki Yogchikits	Manvadhikar Ayog, Badayun (UP.) and Faculty of Management, G.K.V. Haridwar	15-17 Feb. 2013
23	National	School of Meditation and Indigenous Therapy Systems	Dhyan ka Darshnik evam Atmik Swaroop	Jain Vishva Bharti Institute, Ladnun (Raj.)	15-17 Octo. 2013
24	National	Mental Health Challenges & Remedial Approach (MHCRA-2014)	Mansik Swasthay ki Chunautiyan evm Unke Nivaran ke Upaay	Dept. of Psychology GKU Haridwar	15-16 Feb. 2014
25	National	Relevance of Gandhi in New World Order	Samajik Shanti mein Amhinsha ka Mahatav	Govt. PG College Lansdown (Jaharikhal) Pauri Garhwal Uttarakhand	24-25 March 2014
26	National	Yoga and Alternative Therapies	-----	Dept. of Human Consciousness & Yogic Science, GKU Haridwar	26 Mar. to 01 April 2014
27	National	Vartman Samay mein Yog ki Upyogita	Laukik Samayojan ke Sandharbh mein Yog ki Upyogita	Patanjal Yog Dham Trust Jwalapur, Haridwar	10 April 2014
28	National	Present Innovative Approaches & New Paradigm in Physical Education	Krida Jagat mein Yog ki Upyogita	Dept. of Physical Education & Sports GKU Haridwar	29 August 2014
29	International	Yoga for Youth	Yuva Jivan mein Yog ka Mahattav	Dept. of Naturopathy & Yoga, HNB Garhwal University, Shrinagar	30 Jan. 2015



				Garhwal (A Center Univ.)	
30	International	Yoga Education for Enhancing Quality in Teacher Education	Yamas and Niyamas for a better Social Life	Maharishi Dayanand College of Education, Abohar (PUNJAB)	20 to 21 Feb 2015
31	National	Yoga for Wellness in Life	Tanaw Prabandhan mein Yog ki Bhumika	Organized by DSVV Haridwar	9 to 11 March 2015
32	National	Yoga and Alternative Therapies	-----	Dept. of Human Consciousness & Yogic Science, GKU Haridwar	09 to 15 March 2015
33	National	"Vaishvik Gyan-Vigyan ke Pripeksh mein Vedon ki Prasangikta,	Vedon mein Pran Vidhya	Dept. of Ved, GKU Haridwar	13 to 15 March 2015
34	National	Yogic Management of Life Style Disorder	Jivan Shaili se Utapann Vikaron ka Yog Dwara Niwaran	Dept. of Human Conscious and Yogic Science GKU Haridwar	30 to 31 March 2015
35	National	Yoga and Purusharth for Intigral Development	-----	IPR Cell Faculty of FMS & Dept. H.C. & Yogic Science, G.K.U. Haridwar	20 <sup>th</sup> July 2015
36	National	Marma Therapy : Principals & Application	-----	Dept. of H.C. & Yogic Science, G.K.U. Haridwar	7-8 Dec. 2016
37	International	Yoga & Holistic Health	Yoga & Ayurved	Indian Association of Yoga, New Delhi	12-13 March 2016
38	National	World Peace & Harmony Through Yoga	Vishwa Shanti evam Sadhbhawna men Yog ki bhumika	Dept. of H.C. & Yogic Science, G.K.U. Haridwar & Patanjali Yogdham Jwalapur	2-3 April 2016
39	National	Yoga & Alternative Therapies	-----	Dept. of H.C. & Yogic Science, G.K.U. Haridwar	25-30 April 2016
40	National	Yoga, Naturopathy & Holistic Health	Yoga evm Samgra Swasthay	Govt. Degree College Banbasa (Champawat) & UOU Haldwani	27-28 August 2016
41	International	Bhagwat Geeta Holistic Life Management & W. H. T. M.	Shrimaddbhagwa geeta Dwara Mansik Swasthy Prabandhan	Kurukshetra University krukshetra, Hariyana	6-9 Dec. 2016

#### List of Orientation / Re orientation Program / Refresher Course / Research Workshop

S.N.	Course Name	Institute/College	Period
01	Re orientation Training	Morarji Desai National Institute of	23 Feb to 22 April 1998



	Program	Yoga, New Delhi	
02	Orientation Program OP96	Academic Staff College, H.P. Univ. Shimla	03-29 May 2010
03	Refresher Course Environmental Studies	Academic Staff College, D.D.U. Gorakhpur Univ. Gorakhpur	08 to 28 Jan. 2011
04	National Workshop on Research Methodology	Dept. of Philosophy Gurukul Kangri Vishwavidyalaya, Haridwar (Uttarakhand).	01 October to 07 October 2012
05	Refresher Course Yoga and Indian Philosophy	Academic Staff College Kumaun University, Nainital	08 to 28 Feb. 2014
06	Short Term Course on Values Education	Academic Staff College Kumaun University, Nainital (HRDC)	15 to 21 April 2015
07	Continuing Medical Education Programme on Yoga	Dept. of Yogic Science & FMSH, Gurukul Kangri Vishwavidyalaya, Haridwar (Uttarakhand).	26 <sup>th</sup> March to 31 <sup>st</sup> March 2018

(Dr. Surendra Kumar)